

# Welcome, Coach. Here is your first Huddle.

*You are not the whole choir. You are the person who anchors your section — your Squad of three to five.*

## WHAT A COACH IS AND IS NOT

**A Coach IS:** The person who calls when a member goes quiet. The person who prays their Squad by name every day. The person who keeps the plot when things get hard.

**A Coach is NOT:** A pastor. A counselor. A theologian. When a member is in crisis or needs pastoral care, you escalate. You do not solve.

## YOUR FIRST HUDDLE · 30 MINUTES

|                    |                                                                                                                                                                               |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>5 m<br/>in</b>  | <b>Welcome and Prayer</b><br>Every Squad member says their name and one word for how they arrive. You pray a short opening prayer over the Squad by name.                     |
| <b>10 mi<br/>n</b> | <b>Assessment Results Share</b><br>Each member names their primary style. You affirm each style out loud. Direct anyone with questions to the Know Your Style guide.          |
| <b>10 mi<br/>n</b> | <b>Name Your Three Commitment</b><br>Each member commits to naming three people this week if they haven't already. Ask each: 'When will you do this? Text me when it's done.' |
| <b>5 m<br/>in</b>  | <b>Closing Prayer</b><br>Pray for each Squad member's Three by category (spouse, co-worker, neighbor). Commit to daily prayer until the next Huddle.                          |

## YOUR THREE-LINE REPORT · EVERY TUESDAY

|                    |                                                      |
|--------------------|------------------------------------------------------|
| <b>1. IN —</b>     | Who was at Huddle and moved on their Three this week |
| <b>2. OUT —</b>    | Anyone who missed, anyone quiet more than 10 days    |
| <b>3. PRAYER —</b> | One specific need from your Squad this week          |

## ESCALATION PATHWAY

|               |                                                                                                                       |
|---------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>GREEN</b>  | <b>You handle it.</b> Missed Huddle. Testimony stuck. Invite question. Answer from the book.                          |
| <b>YELLOW</b> | <b>Loop in the Coordinator.</b> Silent 10+ days. Squad member's Three stalled. Theological question you can't answer. |
| <b>RED</b>    | <b>Call the Pastor.</b> Crisis. Loss. Spiritual decision NOW. Abuse, addiction, urgent care. Text within 24 hours.    |

➤ Full Playbook: [pullupmovement.com/coaches.html](https://pullupmovement.com/coaches.html) (code 2026)